

Disclaimer:

While this course provides tools and techniques for using AI to create content, it is important to understand that AI-generated content should be reviewed for accuracy and relevance. The information and guidance provided in this course are for educational purposes only. The course creator and associated entities are not liable for any inaccuracies or errors in the content generated by AI tools. Users are responsible for verifying the accuracy and appropriateness of all AI-generated content before using it in any professional or personal capacity.

Copyright Notice:

The content, structure, and design of this multi-step business and marketing prompt are protected by copyright laws and intellectual property rights. Unauthorized use, reproduction, or distribution of this prompt or any part thereof is strictly prohibited without the express written permission of the creator.

How To Edit And Enhance Your Content

Let's talk about how to edit and enhance your product.

Most of your competitors will skip this step so this is where you have an opportunity to outshine them.

We have two ways of doing this:

1. Edit and enhance the content as you create it
2. Going back to edit and enhance your content after you've finished the book

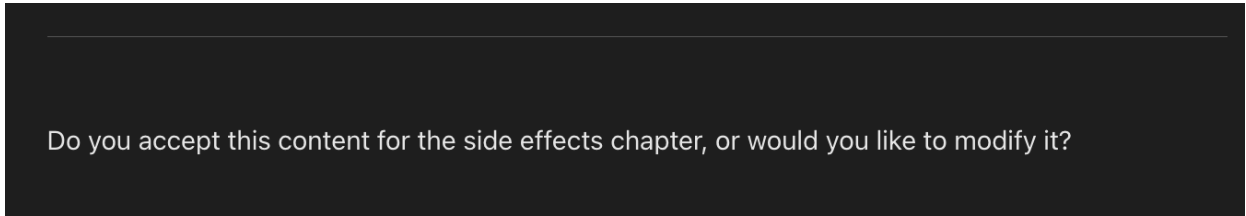
Edit and Enhance Content As Create It:

The first way to make changes to the content A.I. creates is to modify it as it generates.

A big reason why I designed the 10-Day Cleanse prompts to create content in steps (one day at a time and one chapter at a time) is to make it easy to modify everything as you go.

After each day or each chapter the prompt tells A.I. to stop and ask if you accept the content or want to modify it.

It will be at the end of every piece of content A.I. generates and will look something like this:



Do you accept this content for the side effects chapter, or would you like to modify it?

If you accept the content, A.I. will move on to the next step.

If you tell A.I. to modify something it will generate a new version of the content with the changes you asked for.

It's like working with a really fast writing partner who follows perfect instructions!

Let's go over an example so you can see what it looks like.

We'll be editing this "Dealing With Side Effects Chapter" of our cleanse.

Here's the original unedited chapter:

Dealing With Side Effects Chapter

Managing Side Effects During Your Cleanse

While the benefits of this cleanse are substantial, it's important to be aware of potential side effects. Understanding these can help you manage them effectively and stay on track.

Frequent Bathroom Trips

Increased fluid intake often leads to more frequent bathroom visits. This is normal and a sign that your body is flushing out toxins. To manage this, try to stay near a restroom and plan your activities accordingly.

Headaches

Detox headaches are common, especially in the first few days. These can be caused by caffeine withdrawal or toxin elimination. Here are some tips to manage headaches:

- **Stay Hydrated:** Ensure you're drinking plenty of water throughout the day.
- **Rest:** Get plenty of sleep and rest when needed.
- **Gentle Exercise:** Light stretching or a gentle walk can help alleviate headaches.
- **Massage:** Consider a gentle head or neck massage to relieve tension.

Low Energy

It's not unusual to experience low energy levels as your body adjusts to the cleanse. Here's how to manage low energy:

- **Avoid Strenuous Activities:** Focus on gentle exercises like walking or yoga.
- **Rest:** Allow yourself to rest and relax more than usual.

- **Stay Hydrated:** Drink water regularly to support your energy levels.

Staying Relaxed

Stress can exacerbate side effects, so it's important to stay relaxed. Practice deep breathing exercises, meditation, or gentle yoga to keep stress at bay. Remember, this is a time for your body to heal and rejuvenate.

Electrolyte Balance

Electrolytes are crucial during a cleanse to prevent cramping, lightheadedness, and hunger. Here's how to ensure you're getting enough:

- **Add Electrolytes to Water:** Add a pinch of salt, magnesium, and potassium to your water. These minerals are essential for maintaining energy levels and preventing cramps.
- **Electrolyte Supplements:** Consider using electrolyte supplements available at most health food stores.

Managing side effects effectively will help you stay committed and reap the full benefits of this cleanse. Remember to listen to your body and give it the care it needs during this transformative journey.

I wanted to let the reader know that a hot bath can be a good way to deal with the aches and pains you may experience during a cleanse

I did that with the following prompt:

SAMPLE PROMPT

let the reader know a hot bath can be a good way to deal with the aches and pains you may experience during a cleanse.

Here's the revised chapter A.I. generated with that prompt:

A.I. OUTPUT

Dealing With Side Effects Chapter

Managing Side Effects During Your Cleanse

While the benefits of this cleanse are substantial, it's important to be aware of potential side effects. Understanding these can help you manage them effectively and stay on track.

Frequent Bathroom Trips

Increased fluid intake often leads to more frequent bathroom visits. This is normal and a sign that your body is flushing out toxins. To manage this, try to stay near a restroom and plan your activities accordingly.

Headaches

Detox headaches are common, especially in the first few days. These can be caused by caffeine withdrawal or toxin elimination. Here are some tips to manage headaches:

- **Stay Hydrated:** Ensure you're drinking plenty of water throughout the day.
- **Rest:** Get plenty of sleep and rest when needed.
- **Gentle Exercise:** Light stretching or a gentle walk can help alleviate headaches.
- **Massage:** Consider a gentle head or neck massage to relieve tension.

Low Energy

It's not unusual to experience low energy levels as your body adjusts to the cleanse. Here's how to manage low energy:

- **Avoid Strenuous Activities:** Focus on gentle exercises like walking or yoga.
- **Rest:** Allow yourself to rest and relax more than usual.
- **Stay Hydrated:** Drink water regularly to support your energy levels.

Aches and Pains

Detoxing can sometimes cause aches and pains as your body releases stored toxins. Here's how to manage them:

- **Hot Bath:** Taking a hot bath can be an excellent way to soothe aches and pains. Adding Epsom salts can enhance the relaxation and help with muscle soreness.
- **Gentle Stretching:** Regularly stretching can relieve muscle tension.
- **Hydration:** Staying hydrated helps to flush out toxins that might be causing discomfort.

Staying Relaxed

Stress can exacerbate side effects, so it's important to stay relaxed. Practice deep breathing exercises, meditation, or gentle yoga to keep stress at bay. Remember, this is a time for your body to heal and rejuvenate.

Electrolyte Balance

Electrolytes are crucial during a cleanse to prevent cramping, lightheadedness, and hunger. Here's how to ensure you're getting enough:

- **Add Electrolytes to Water:** Add a pinch of salt, magnesium, and potassium to your water. These minerals are essential for maintaining energy levels and preventing cramps.
- **Electrolyte Supplements:** Consider using electrolyte supplements available at most health food stores.

Managing side effects effectively will help you stay committed and reap the full benefits of this cleanse. Remember to listen to your body and give it the care it needs during this transformative journey.

Do you accept this content for the side effects chapter, or would you like to modify it?

You can see in the highlighted section that A.I. did exactly what I told it to do.

Pretty cool, right?

Generating your cleanse one day and one chapter at a time instead of doing it all in one shot does take extra work, but it allows us to easily make little tweaks like this on the fly.

When you're happy with what A.I. created, tell it to proceed and it will pick up where it left off.

Going Back To Edit and Enhance Content

Sometimes you'll want to edit something after you've finished the book.

This prompt will modify a section of a chapter and rewrite the entire section/chapter with the changes you wanted applied.

Let's take a look at an example.

We'll be editing this highlighted section of the "Closing Chapter"

Closing Chapter

Congratulations and Moving Forward

You did it! Completing this 10-day cleanse is a remarkable achievement, and you should be incredibly proud of yourself. Over the past ten days, you've not only boosted your libido but also improved your overall health, energy levels, and mental clarity.

Summary of What You've Learned

Throughout this journey, you've learned the importance of:

- **Proper Nutrition:** How a nutrient-rich diet can enhance your libido and overall health.
- **Hydration:** The crucial role water plays in maintaining bodily functions and detoxification.
- **Mindfulness and Relaxation:** How these practices reduce stress and improve mental clarity.
- **Regular Exercise:** The benefits of staying active for your physical and mental well-being.

Moving Forward

As you transition back to a regular diet and lifestyle, remember to incorporate the healthy habits you've developed. Continue eating whole foods, staying hydrated, exercising regularly, and practicing mindfulness. These habits will help you maintain the benefits of the cleanse and continue to improve your health.

Motivational Words

You've taken an important step towards a healthier, more vibrant life. The effort and dedication you've shown over these past ten days are commendable. Remember, the journey doesn't end here. Keep pushing

forward, stay motivated, and continue to make choices that support your health and well-being. The best is yet to come!

Thank you for embarking on this journey. Here's to a healthier, happier you!

Here's the prompt I used to do that:

SAMPLE PROMPT

I want you to modify a piece of content and make it better:

I'm going to supply you with the entire chapter so you have context, give you instructions, then tell you the section I want modified.

I need you to rewrite the entire chapter with the modified content.

<Chapter For Context>

Closing Chapter

Congratulations and Moving Forward

You did it! Completing this 10-day cleanse is a remarkable achievement, and you should be incredibly proud of yourself. Over the past ten days, you've not only boosted your libido but also improved your overall health, energy levels, and mental clarity.

Summary of What You've Learned

Throughout this journey, you've learned the importance of:

Proper Nutrition: How a nutrient-rich diet can enhance your libido and overall health.

Hydration: The crucial role water plays in maintaining bodily functions and detoxification.

Mindfulness and Relaxation: How these practices reduce stress and improve mental clarity.

Regular Exercise: The benefits of staying active for your physical and mental well-being.

Moving Forward

As you transition back to a regular diet and lifestyle, remember to incorporate the healthy habits you've developed. Continue eating whole foods, staying hydrated, exercising regularly, and practicing mindfulness. These habits will help you maintain the benefits of the cleanse and continue to improve your health.

Motivational Words

You've taken an important step towards a healthier, more vibrant life. The effort and dedication you've shown over these past ten days are commendable. Remember, the journey doesn't end here. Keep pushing forward, stay motivated, and continue to make choices that support your health and well-being. The best is yet to come!

Thank you for embarking on this journey. Here's to a healthier, happier you!

</Chapter For Context>

<Instructions>

I want you to expand on the following section and make it more detailed and engaging:

</Instructions>

<Section I Want Modified>

Throughout this journey, you've learned the importance of:

Proper Nutrition: How a nutrient-rich diet can enhance your libido and overall health.

Hydration: The crucial role water plays in maintaining bodily functions and detoxification.

Mindfulness and Relaxation: How these practices reduce stress and improve mental clarity.

Regular Exercise: The benefits of staying active for your physical and mental well-being.

Moving Forward

As you transition back to a regular diet and lifestyle, remember to incorporate the healthy habits you've developed. Continue eating whole foods, staying hydrated, exercising regularly, and practicing mindfulness. These habits will help you maintain the benefits of the cleanse and continue to improve your health.

</Section I Want Modified>

Here's what A.I. generated with that prompt:

A.I. OUTPUT

Closing Chapter

Congratulations and Moving Forward

You did it! Completing this 10-day cleanse is a remarkable achievement, and you should be incredibly proud of yourself. Over the past ten days, you've not only boosted your libido but also improved your overall health, energy levels, and mental clarity.

Summary of What You've Learned

Throughout this journey, you've learned the importance of several key principles that will continue to benefit you long after the cleanse.

Proper Nutrition

A nutrient-rich diet is a cornerstone of good health. You've discovered how consuming fresh, whole foods packed with vitamins, minerals, and antioxidants can enhance your libido and overall well-being. Think about the vibrant colors of the fruits and vegetables you've enjoyed—each color represents different beneficial compounds. For example, the lycopene in tomatoes and watermelon helps improve heart health and circulation, while the beta-carotene in carrots boosts your immune system. By prioritizing nutrient-dense foods, you've given your body the tools it needs to function optimally and maintain high energy levels. Moreover, these healthy eating habits will continue to support your libido, ensuring you feel confident and vibrant in your daily life.

Hydration

Staying hydrated is crucial for maintaining bodily functions and aiding detoxification. Water is essential for digestion, nutrient absorption, and circulation. Over these ten days, you've experienced firsthand how staying well-hydrated can flush out toxins, keep your skin clear, and help regulate your body temperature. Drinking water regularly also ensures that your muscles and joints stay lubricated, reducing the risk of cramps and injuries. Hydration is not just about drinking water; the juices you've consumed also contributed to your hydration, providing you with a refreshing and nutrient-rich way to stay hydrated. Continuing to drink plenty of water will help sustain the benefits of the cleanse, keeping your body and mind in peak condition.

Mindfulness and Relaxation

Practicing mindfulness and relaxation techniques can significantly reduce stress and improve mental clarity. Throughout this cleanse, you've engaged in activities like deep breathing, meditation, and gentle yoga. These practices help calm your mind, reduce anxiety, and enhance your ability to

focus. When you're mindful, you're more in tune with your body's needs and can make better choices for your health. For instance, meditation can lower cortisol levels, a stress hormone that can negatively impact libido and overall health. By incorporating mindfulness into your daily routine, you've learned to manage stress more effectively and maintain a positive outlook. This newfound mental clarity will help you navigate life's challenges with greater ease and resilience.

Regular Exercise

Staying active is vital for both your physical and mental well-being. Exercise improves cardiovascular health, increases energy levels, and boosts mood. During the cleanse, you've included light exercises like walking, stretching, and yoga. These activities not only helped improve your circulation but also provided you with a sense of accomplishment and well-being. Regular exercise releases endorphins, the body's natural feel-good hormones, which can help combat stress and enhance your libido. As you move forward, remember that consistency is key. Aim to incorporate a mix of cardiovascular, strength, and flexibility exercises into your routine to continue reaping these benefits. Whether it's a brisk morning walk, a yoga session, or weight training, regular physical activity will keep your body strong and your mind sharp.

Moving Forward

As you transition back to a regular diet and lifestyle, remember to incorporate the healthy habits you've developed. Continue eating whole foods, staying hydrated, exercising regularly, and practicing mindfulness. These habits will help you maintain the benefits of the cleanse and continue to improve your health.

- **Whole Foods:** Stick to a diet rich in fruits, vegetables, lean proteins, and healthy fats. Avoid processed foods and added sugars to keep your body nourished and energized.
- **Hydration:** Make it a habit to drink plenty of water throughout the day. Carry a water bottle with you to remind yourself to stay hydrated.

- **Exercise:** Find activities you enjoy and make them a regular part of your routine. Whether it's jogging, cycling, or yoga, staying active will keep your body and mind in top shape.
- **Mindfulness:** Continue with your mindfulness practices. Set aside time each day for meditation, deep breathing, or simply sitting quietly and reflecting on your day.

Motivational Words

You've taken an important step towards a healthier, more vibrant life. The effort and dedication you've shown over these past ten days are commendable. Remember, the journey doesn't end here. Keep pushing forward, stay motivated, and continue to make choices that support your health and well-being. The best is yet to come! Your commitment to this cleanse has set the stage for a lifetime of healthy habits and positive changes.

Thank you for embarking on this journey. Here's to a healthier, happier you!

I highlighted the section A.I. edited.

You can see this prompt did a good job of expanding on the content just like we asked it to.

Let's break down how this prompt works:

- We supply the prompt with the entire chapter so it has context
- Next, we give it our instructions
- Then we tell it the exact section of the chapter we want edited

Here's the prompt with notes on what each part of the prompt does:

```
I want you to modify a piece of content and make
```

it better.

Enhance what's provided with more advice, insights, and benefits that readers will find helpful. Feel free to weave in interesting facts that relate to the content but do not label them. Simply integrate the interesting facts into the expanded content naturally. Do not make up stories. Only provide interesting facts you know are true.

I'm going to supply you with the entire chapter so you have context, give you instructions, then tell you the section I want modified.

I need you to rewrite the entire chapter with the modified content.

<Chapter For Context>

[[[COPY AND PASTE THE SURROUNDING TEXT HERE SO AI HAS CONTEXT ABOUT WHAT IT'S EDITING]]]

</Chapter For Context>

<Instructions>

[[[GIVE AI INSTRUCTIONS ABOUT HOW YOU WANT TO EDIT THE CONTENT]]]

</Instructions>

<Section I Want Modified>

[[[COPY AND PASTE THE CONTENT YOU WANT EDITED]]]

</Section I Want Modified>

How To Expand Your Content

This is a general prompt that expands your content.

It's worth giving you a specific prompt to expand your content because A.I. loves to be brief.

Even when you prompt it for long content sometimes it just doesn't listen.

A.I. can be stubborn in that way.

It can get messy if you're constantly modifying a lot of content as you generate it.

Sometimes it's better to generate the entire 10-day cleanse and then go back to make changes.

Taking a couple extra minutes to expand and enhance your info-products is what will separate you from the countless others who are generating generic crap with A.I.

This quick step can take thin content and fill it out with rich details and engaging information that your customers will enjoy.

In our example we're going to be expanding the following "Benefits Of The Cleanse Chapter:"

The Amazing Benefits of Your 10-Day Cleanse

Completing this cleanse will reward you with a host of benefits that go beyond just boosting your libido. Here's what you can look forward to:

Enhanced Libido

The primary goal of this cleanse is to enhance your libido. The nutrients and antioxidants in the juice blend work together to increase testosterone levels, improve blood flow, and reduce stress—all crucial factors for a healthy sex drive.

Improved Energy Levels

By detoxifying your body and flooding it with essential vitamins and minerals, you'll experience a significant boost in energy. Say goodbye to sluggishness and hello to a more vibrant, active you.

Better Mental Clarity

The cleanse helps clear mental fog, improving your focus and concentration. The mindfulness practices included will further enhance your mental clarity, making you feel more present and aware.

Weight Loss

A natural side effect of consuming nutrient-dense juices and staying hydrated is weight loss. Shedding those extra pounds can lead to improved self-esteem and overall health.

Detoxification

This cleanse is designed to flush out toxins from your body, promoting better liver function and overall detoxification. This process can lead to clearer skin, improved digestion, and a stronger immune system.

Improved Mood

The combination of physical detox and mental practices can significantly enhance your mood. Reduced stress, better sleep, and a sense of accomplishment all contribute to a happier, more positive outlook.

Enhanced Circulation

Improved blood flow is a key benefit of this cleanse. Better circulation not only supports sexual health but also boosts overall vitality, helping you feel more energized and alive.

Hormonal Balance

By consuming ingredients that support hormonal health, this cleanse can help balance your hormones, contributing to improved mood, energy levels, and libido.

By the end of this cleanse, you'll feel revitalized and ready to take on new challenges. The benefits you gain will extend far beyond these ten days, setting the foundation for a healthier, more fulfilling life.

.

In the same window I created the 10-day cleanse it, I used this prompt to expand on that piece of content.

SAMPLE PROMPT

Please dive deeper into the following content: Do not add anything that isn't there and don't add related content. I want you to take the piece of content I provided below and flesh it out.

Enhance what's provided with more advice, insights, and benefits that readers will find helpful. Feel free to weave in interesting facts that relate to the content but do not label them. Simply integrate the interesting facts

into the expanded content naturally. Do not make up stories. Only provide interesting facts you know are true.

#Instructions

Make the intro to this section longer and do a better job of communicating how exciting the benefits are.

#Here's The Content I Want You To Enhance:

The Amazing Benefits of Your 10-Day Cleanse

Completing this cleanse will reward you with a host of benefits that go beyond just boosting your libido. Here's what you can look forward to:

Enhanced Libido

The primary goal of this cleanse is to enhance your libido. The nutrients and antioxidants in the juice blend work together to increase testosterone levels, improve blood flow, and reduce stress—all crucial factors for a healthy sex drive.

Improved Energy Levels

By detoxifying your body and flooding it with essential vitamins and minerals, you'll experience a significant boost in energy. Say goodbye to sluggishness and hello to a more vibrant, active you.

Better Mental Clarity

The cleanse helps clear mental fog, improving your focus and concentration. The mindfulness practices included will further enhance your mental clarity, making you feel more present and aware.

Weight Loss

A natural side effect of consuming nutrient-dense juices and staying hydrated is weight loss. Shedding those extra pounds can lead to improved self-esteem and overall health.

Detoxification

This cleanse is designed to flush out toxins from your body, promoting better liver function and overall detoxification. This process can lead to clearer skin, improved digestion, and a stronger immune system.

Improved Mood

The combination of physical detox and mental practices can significantly enhance your mood. Reduced stress, better sleep, and a sense of accomplishment all contribute to a happier, more positive outlook.

Enhanced Circulation

Improved blood flow is a key benefit of this cleanse. Better circulation not only supports sexual health but also boosts overall vitality, helping you feel more energized and alive.

Hormonal Balance

By consuming ingredients that support hormonal health, this cleanse can help balance your hormones, contributing to improved mood, energy levels, and libido.

By the end of this cleanse, you'll feel revitalized and ready to take on new challenges. The benefits you gain will extend far beyond these ten days, setting the foundation for a healthier, more fulfilling life.

Here's what A.I. generated with that prompt:

A.I. OUTPUT

The Amazing Benefits of Your 10-Day Cleanse

Embarking on this 10-day cleanse is not just about changing what you consume; it's about transforming how you feel, think, and live. As you commit to this journey, imagine unlocking a new level of vitality and well-being that reverberates through every aspect of your life. The excitement of experiencing these profound changes is truly invigorating. Let's dive into the myriad benefits that await you.

Enhanced Libido

The primary goal of this cleanse is to enhance your libido, and it does so through a potent combination of nutrients and antioxidants. These ingredients work synergistically to boost testosterone levels, improve blood flow, and reduce stress—all crucial factors for a healthy sex drive. Imagine feeling a renewed sense of desire and energy, fostering a deeper connection with your partner and enhancing your overall quality of life. Many men report feeling more confident and engaged, not just in their romantic relationships but in all aspects of life.

Improved Energy Levels

By detoxifying your body and flooding it with essential vitamins and minerals, you'll experience a significant boost in energy. Imagine waking up in the morning feeling refreshed and ready to take on the day with vigor. The sluggishness that once held you back will be replaced by a vibrant, active energy that keeps you moving. Whether it's tackling your to-do list, engaging in physical activities, or simply enjoying time with loved ones, your newfound energy will make a noticeable difference.

Better Mental Clarity

Mental fog can be a significant barrier to productivity and overall well-being. This cleanse helps clear that fog, enhancing your focus and concentration. The mindfulness practices included will further sharpen your mental clarity, making you feel more present and aware. Picture

yourself tackling work tasks with ease, engaging in meaningful conversations, and making decisions with confidence. This heightened state of awareness and mental acuity is one of the most empowering aspects of the cleanse.

Weight Loss

A natural side effect of consuming nutrient-dense juices and staying hydrated is weight loss. Shedding those extra pounds can lead to improved self-esteem and overall health. Imagine looking in the mirror and feeling proud of the progress you've made. Your clothes fit better, you move with more ease, and you feel lighter both physically and emotionally. This boost in self-confidence can inspire you to maintain healthy habits long after the cleanse is over.

Detoxification

This cleanse is designed to flush out toxins from your body, promoting better liver function and overall detoxification. This process can lead to clearer skin, improved digestion, and a stronger immune system. Imagine your skin glowing with health, your digestion smooth and regular, and your immune system robust against illnesses. Detoxification can leave you feeling rejuvenated from the inside out, laying the foundation for long-term health.

Improved Mood

The combination of physical detox and mental practices can significantly enhance your mood. Reduced stress, better sleep, and a sense of accomplishment all contribute to a happier, more positive outlook. Picture yourself moving through your day with a smile, feeling more at ease and content. The weight of stress and anxiety lifts, making room for joy and optimism. This positive shift in mood can enhance your relationships and your overall quality of life.

Enhanced Circulation

Improved blood flow is a key benefit of this cleanse. Better circulation not only supports sexual health but also boosts overall vitality, helping you feel more energized and alive. Imagine feeling a warm, invigorating energy coursing through your body, fueling your activities and enhancing your overall sense of well-being. This improved circulation supports every cell in your body, optimizing their function and making you feel more vibrant and alive.

Hormonal Balance

By consuming ingredients that support hormonal health, this cleanse can help balance your hormones, contributing to improved mood, energy levels, and libido. Imagine your body's systems working in harmony, your hormones balanced and your mood stabilized. This balance can lead to a more consistent energy level, improved mental clarity, and a sense of well-being that permeates every aspect of your life.

By the end of this cleanse, you'll feel revitalized and ready to take on new challenges. The benefits you gain will extend far beyond these ten days, setting the foundation for a healthier, more fulfilling life. Embrace this opportunity to transform not just your body, but your entire approach to health and well-being. The journey is just beginning, and the rewards are endless.

That did a nice job of expanding on the content.

It grew our content from 321 words to 734 words.

You can see it added a lot of information that readers would find helpful.

The enhanced content is also warmer. It doesn't feel as rushed as the original.

Right now A.I. gets lazy when you ask it to generate long content and this is the easiest workaround to that problem.

The bright side is, going through to expand your content means you get familiar with your product.

Back when I created ebooks by hand I'd end up reading each ebook dozens of times as I went through the process of creating and editing the book.

It helped me make a lot of improvements to my products I wouldn't have otherwise made.

That ended up making my products more valuable because my customers appreciate all the details and little tricks I showed them.

So don't get too bothered by taking extra time to let A.I. expand your content.

It will give your products a more personal touch and help you avoid the "generic A.I. content" label you see being used a lot these days.

Here's the prompt for expanding content with notes on what each part of the prompt does:

Please dive deeper into the following content: Do not add anything that isn't there and don't add related content. I want you to take the piece of content I provided below and flesh it out.

Enhance what's provided with more advice, insights, and benefits that readers will find helpful. Feel free to weave in interesting facts that relate to the content but do not label them.

Simply integrate the interesting facts into the expanded content naturally. Do not make up stories. Only provide interesting facts you know are true.

#Instructions

[[[ADD ANY OTHER INSTRUCTIONS HERE]]]

#Here's The Content I Want You To Enhance:

[[[COPY & PASTE THE CONTENT YOU WANT TO EXPAND ON HERE]]]

The prompt isn't very big but it does something important that many AI rookies have trouble with

It contains A.I. and keeps it focused on expanding only the content you provided.

If you tell A.I. to just "expand on this content" it can sometimes run wild.

It will build on the content you provided and add things not found in the original content.

For example: if you used the prompt: "expand on this content" with content about changing a bicycle tire, A.I. might ramble off about bike trails or the health benefits of cycling.

We don't want that.

This prompt keeps A.I. focused so it only enhances the content you provide.

It's best to run this prompt in the same window you generated the 10-day cleanse because A.I. will know it's a continuation of that project and keep the same tone.